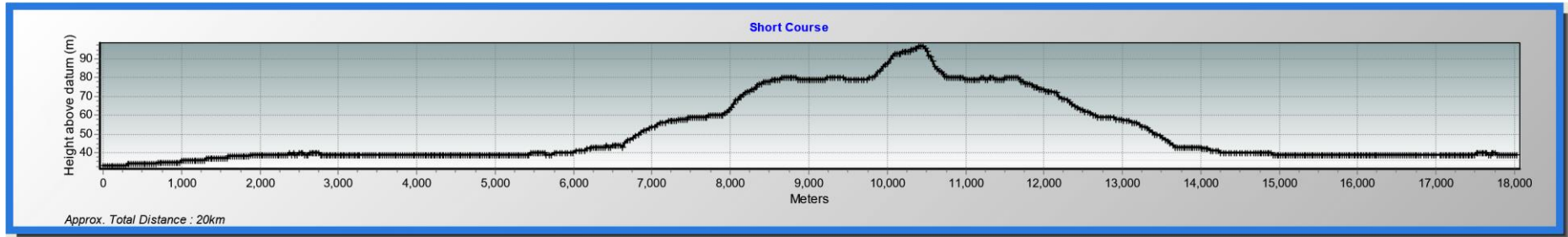


COURSE PROFILES OF TOUR DE MANAWATU

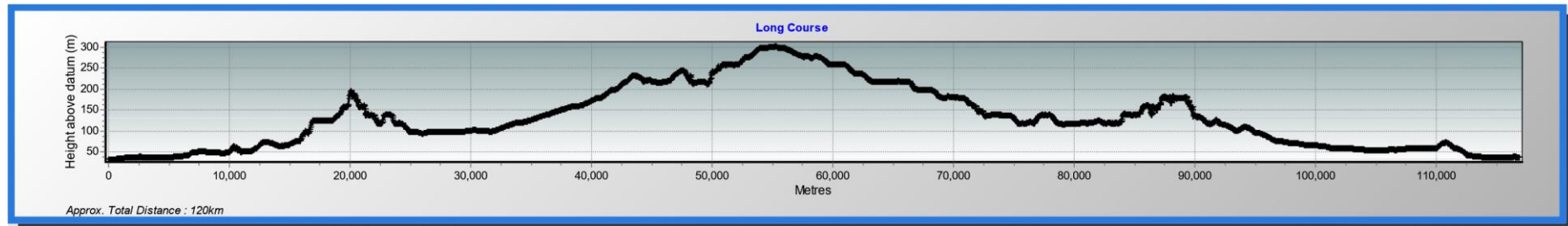
Indication of heights (courtesy Mike Oliver)



SHORT COURSE: distance 16 km. - Highest peak nearly 100 m at 8.4 km. approx.



MEDIUM COURSE: distance 43 km. - Highest peak nearly 200 m at 18 km. approx.



LONG COURSE: distance 114 km. - Highest peak 300 m at 53 km. approx.